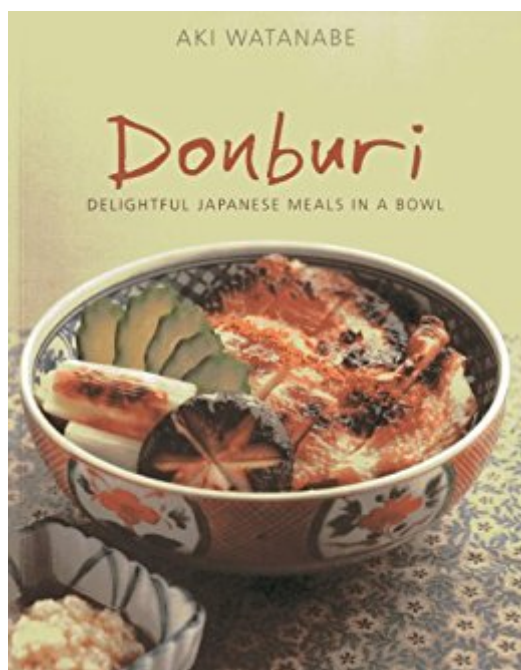


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Donburi: Delightful Japanese Meals In A Bowl



Synopsis

Donburi: Delightful Japanese Meals in a Bowl features the simple Japanese concept of serving tasty rice meals in one dish. With 50 home-style recipes for meat, seafood and vegetables, this delightful collection offers great ideas for refreshing everyday meals. Whip up popular favourites with tips on how to create that perfect breaded pork cutlet for katsu don and the crisp battered prawns in tempura don. Other quick and easy classics include Japanese curry and miso-marinated cod. For even more variety, try Western-inspired fusions like chicken steak don or omelette and ketchup don. Complete with interesting notes on selected ingredients and basic Japanese cooking tips, this versatile cookbook offers new and enjoyable ways of preparing meals

Book Information

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Customer Reviews

Lovely photographs and clever recipes make this book a delight. However, the glossary of ingredients is incomplete. Recipes call for ingredients that are obscure to Americans - the book was published in Great Britain and not all ingredient names have been converted to American equivalents. Chicken neck soup granules?? I had to wade through the book to determine that the specific Japanese sugar called for can be replaced with common white sugar. Two kinds of soy

sauce are used, and unless one already knows the difference between usukuchi shoyu and regular shoyu, it takes time to find the explanations. But my greatest complaint is that there is no index. Watanabe's editor should have done a better job. If I have chicken available, I don't want to have to wade through the entire book to find the chicken donburi recipes. As noted in other reviews, the book is not organized by major ingredients, but by categories such as "quick and easy" or "traditional." The arrangement makes sense to the author, but not to the reader, so an index would have been a valuable tool.

I have been cooking my way through this book and am about half way through. This book provides a wide variety of tasty rice bowls. Each recipe makes 2 servings- perfect for me since I am typically cooking for two. And most recipes are easy to make during the work week. As with any Japanese cookbook, one will need to have access to Japanese ingredients. I cook quite a bit of Japanese food and am able to procure what I need locally or online. I like the blend of familiar (oyako don, ten don, katsu don, etc) and unfamiliar donburi recipes. I also appreciate that the author has included recipes/ingredients that might not be as familiar (or welcome) to a non-Japanese audience (i.e. natto, ika no shiokara, beef tendon, pork liver, shirasu, etc). I'm looking forward to her 2nd book, The Bento Cookbook, coming out the summer.

This is a lovely cookbook. I love donburi - basically food served on rice in a large bowl - and there is so much delicious donburi to choose from in this book. Each recipe has a beautiful, large photo of the final dish. The recipes are easy to follow, though keep in mind you may need to seek out a Japanese grocery store for some of the ingredients. The book is split into "Quick and Easy" donburi, "Classic and Traditional" donburi, and "Special and Creative" donburi. The back of the book has some staple recipes (how to make good rice, dashi stock), notes on utensils, a glossary, and a weights & Measures conversion chart. There are a good number of recipes in each of the recipe section, and for the most part they seem pretty easy to cook. The book has many recipes that will appeal to both Japanese food fanatics as well as newbies.

Very good meals for any generation, Can be done daily.

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